



# Nippon Vedanta Kyokai

[Vedanta Society of Japan - A branch of the Ramakrishna Mission]

4-18-1 Hisagi, Zushi-shi, Kanagawa-ken, Japan 249-0001

Phone: 046-873-0428, Fax: 046-873-0592, E-mail: [info@vedanta.jp](mailto:info@vedanta.jp)

## *2007 Outdoor Retreat of the Vedanta Society*

*We are pleased to announce the annual outdoor retreat of the Vedanta Society of Japan. Planned programs are meditation, chanting, devotional songs, discourse, etc., under the guidance of Swami Medhasananda. We hope to present a good opportunity to develop spiritual life away from normal daily life. Everyone is welcome to participate!*

### ***Schedule/Programme/Fees/Reservation Form/Map***

**Date:** From September 7, Friday 5:00 p.m. to September 9, Sunday 1:00 p.m.

**Venue:** [Yomogi-tei Henmi] (蓬生亭 逸見)

**Address:** 413 Oyama, Isehara-city, Kanagawa-ken (神奈川県伊勢原市大山413)

TEL: 0463-94-3476 Website: <http://www.ne.jp/asahi/yomogitei/henmi/index.htm> (Japanese only)

**Program:** AM (5:00-12:00): Meditation, morning prayer, breakfast, yoga exercises, discourse ...

PM(12:00-22:00): Lunch, rest, discourse, Q & A, sightseeing, evening prayer, supper, get together, etc.

### ☆ **Swami's Lecture Theme: Control of the Mind**

Ms. Motoko Ando's Special Lecture and Yoga. Lecture Topics: Health, Food and Spiritual Life 9/9 13:00  
~ Yoga Excercises 9/8, 9/9 after breakfast.

**Access: [Train & Bus]** Yokohama station ⇒ (Sotetsu-Line Express. 40 minutes) ⇒ Edina station ⇒ (Odakyu-Line) 15minutes) ⇒ Isehara station. Isehara Kitaguchi Bus stop ⇒ (Kanachu-Bus 20 minutes) ⇒

Atagotaki Bus stop. ☆Transportation Expenses(one way): 510 - Train from Yokohama 300-bus.

**[Car]** 25 minutes from Atsugi Inter Change or Hadanonakai Inter Change of Tomei Expressway.

### **Fees (including accommodation & meals):**

- Adults: ¥12,000 per night including meals  
¥4,000 lunch stay only - ¥6,000 lunch & supper stay only (day trip).
- Children: ¥10,000 per night including meals  
¥3,000 lunch stay only - ¥5,000 lunch & supper stay only (day trip).

☆Payment upon arrival. ☆Donations for outdoor retreat are welcome.

**Reservations:** H. Kanai (kyokai planning staff) phone: Mobile 090-5510-9726, FAX 048-877-4223,  
E-mail: [seal\\_kanai@yahoo.co.jp](mailto:seal_kanai@yahoo.co.jp) / Kyokai's phone: 046-873-0428 Fax: 046-873-0592 E-mail: [info@vedanta.jp](mailto:info@vedanta.jp)

**• Please confirm your arrival and departure day/time and vegetarian or non-vegetarian meals by August 19<sup>th</sup>. Please use the attached form (page 2).**

**Please Note:** Towel, toothbrush, sleepwear, alarm clock, notebook & pen, shoes for walking on rough roads or terrain are recommended. Silence will be observed at appointed times. Please remember, summer short pants are to be avoided.

To: 046-873-0592 (Kyokai fax)

お電話によるお申込:

金井 090-5510-9726, E-mail: [seal\\_kanai@yahoo.co.jp](mailto:seal_kanai@yahoo.co.jp)

協会 046-873-0428, E-mail: [info@vedanta.jp](mailto:info@vedanta.jp)

## Application/Reservation Form (申込書)

*Please Print Clearly in Block Letters*

Name (お名前): \_\_\_\_\_

Sex (性別):  Male  Female (←Please Check  )

Address (ご住所):

〒 \_\_\_\_\_

Telephone (連絡先): \_\_\_\_\_

E-mail (メール): \_\_\_\_\_ @ \_\_\_\_\_

### Your attendance (参加予定):

Arrival day (到着日): September (9月) \_\_\_\_\_<sup>th</sup> (日)

From 8:00 with Breakfast (朝食から) (←Please Check  )

From 12:00 with Lunch (昼食から)

From 19:00 with Supper (夕食から)

Departure day (出発日): September (9月) \_\_\_\_\_<sup>th</sup> (日)

After 8:00 Breakfast (朝食の後) (←Please Check  )

After 12:00 Lunch (昼食の後)

After 19:00 Supper (夕食の後)

### Your requested meals:

Strictly Vegetarian (完全菜食の方)

Non-Vegetarian (Eggs and Fish OK) (卵, 魚OKの方)

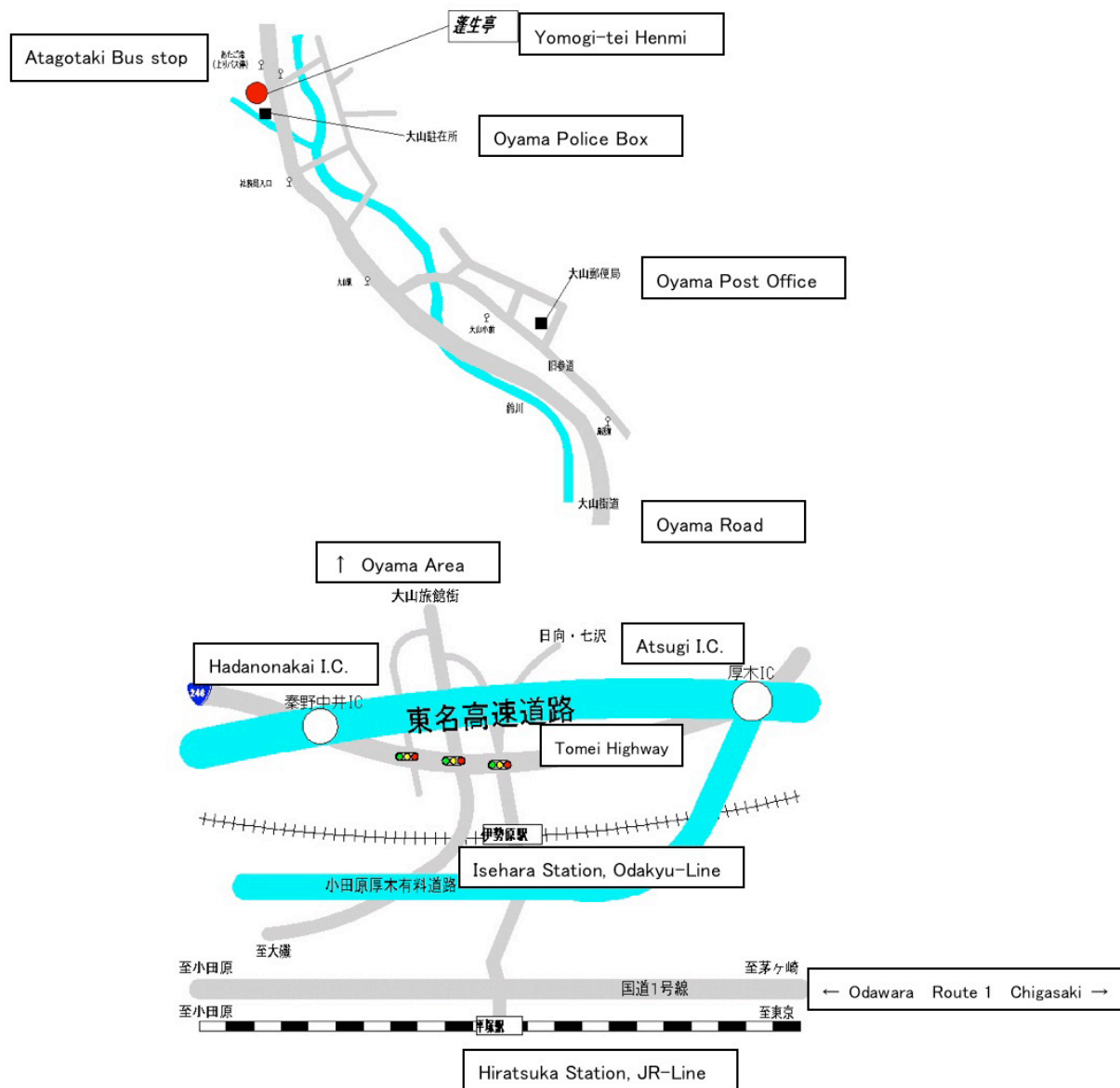
***Please send the completed form by August 19<sup>th</sup> (Sunday). Thank you for your co-operation.***

8月19日(日)までに、お送りください。ご協力有難うございます。

# 地図(Map)

Larger maps are available at [http://www.ne.jp/asahi/yomogitei/henmi/05\\_map/map.htm](http://www.ne.jp/asahi/yomogitei/henmi/05_map/map.htm) in Japanese only.

English Instructions on Page 1



## アクセス:

### [電車 & バス]

横浜駅 ⇒ (相鉄線急行40分) ⇒ 海老名駅 ⇒ (小田急線 15分) ⇒ 伊勢原駅.

伊勢原北口バス停 ⇒ (神奈中バス 20分) ⇒ 愛宕滝バス停.

☆交通費(片道): ¥510(横浜駅より), ¥300(バス)

### [お車]

東名高速厚木インターチェンジまたは秦野中井インターチェンジから25分